

SCA One Day Workshop / Seminar



SATURDAY

JANUARY 14, 2012

9:00 a.m. to 1:00 p.m.

PLUMMER PARK

7377 Santa Monica Blvd.
West Hollywood, CA 90046

(Park in North lot. Workshop is at South end of park)

Please Bring:

AA Big Book

AA Twelve & Twelve

Large Spiral ring notebook

Pen / pencil

Donation: \$10.00

Suggested donation to pay for materials.

None turned away for lack of funds.

Net proceeds go to SCA / LA Intergroup.

Contact: workshops@scalosangeles.org

Step 10 - Continued to Take Personal Inventory...

“As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our SCA way of living to practical use, day by day, in fair weather and foul. Then comes the acid test: can we stay sexually sober, keep in emotional balance, and live to good purpose under all conditions?”

Step 11 - Sought Through Prayer & Meditation...

“Prayer and meditation are our principal means of conscious contact with God.

“We SCA's are active folk, enjoying the satisfactions of dealing with the realities of life, usually for the first time in our lives, and strenuously trying to help the next sexual compulsive who comes along. So it isn't surprising that we often tend to slight serious meditation and prayer as something not really necessary. To be sure, we feel it is something that might help us to meet an occasional emergency, but at first, many of us are apt to regard it as a somewhat mysterious skill of clergymen, from which we may hope to get a secondhand benefit. Or perhaps we don't believe in these things at all.”

(Adapted from AA's 12 & 12)

About SCA Workshops

“SCA's Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life can expel the obsession to act out and enable the sufferer to become happily and usefully whole.

“More sobriety brought about by the admission of sexual compulsion and by attendance at a few meetings is very good indeed, but it is bound to be a far cry from permanent sobriety and a contented, useful life. That is just where the remaining Steps of the SCA program come in. Nothing short of continuous action upon these as a way of life can bring about the much-desired result.”

(Adapted from AA's 12 & 12)

This workshop is for the **Newcomer** or any **Member** who is struggling with their Sexual Compulsion or Love Addiction.